

YOUR INTRODUCTION TO

# BELMONT ABBEY COLLEGE



*Learn. Seek. Thrive.*  
**Belmont Abbey**  
COLLEGE

THE CATHOLIC COLLEGE OF THE SOUTH

Learn. So





Week.

# Thrive.

Belmont Abbey College – a Catholic college in the Benedictine tradition, just 10 miles from Charlotte, North Carolina – provides students with a well-rounded education, inside and out of the classroom, preparing them to live life well.

**If you're eager to tackle life's biggest questions, build strong friendships, and open up new career potential, then Belmont Abbey College is the place for you.**

Here, you'll develop the practical skills and mental agility you need to navigate the ever-changing job market. You'll strengthen your sense of self and define your purpose. And above all, you'll discover how to critically engage the world by nurturing your sense of awe and wonder.

# AGILITY AND INQUIRY



Our core curriculum pushes you to discover your passions, strengths, and purpose through a broad mix of courses that help you hone critical thinking, problem solving, and communication. By learning the balance of faith and reason, you'll discover truth. **You'll discover yourself.**



In a job market that values ingenuity and flexibility, you need to be prepared. To know how to master information quickly. To know how to communicate and defend your ideas. That's exactly what you'll learn at Belmont Abbey College. We combine deep inquiry with opportunities that give you the tools you'll need for whatever your career path brings.

#### **EXPERTS & FRIENDS**

At Belmont Abbey, our professors are nationally recognized experts and leading scholars in everything from education to botany and theology. But they're more than just teachers. They choose to be here because they're committed to helping students like you find their passion and discover their calling. You'll work directly with professors on writing projects, in labs, and out in the field. That pays off in how you learn and who you become.

#### **YOUR INTRODUCTION TO THE ABBEY**

Our First-Year Symposium introduces you to the Catholic liberal arts approach and our Benedictine values. It's the ideal foundation for academic success, making friends, and making yourself at home. It also includes a visit with the monks plus cultural and outdoor experiences.

71%

of full-time faculty hold doctorates or terminal degrees

Average class size:

15

Students to teacher ratio

16:1

**GRACE BRUNO 2017**

**English and  
Government & Political Philosophy**

Confidential Assistant, Office of Management &  
Budget, The Executive Office of the President

“There are two things I treasure most about Belmont Abbey: the unique experience of the liberal arts education, and the supportive community the college fosters. Having an education rooted in the liberal arts provided me with a well-rounded understanding of different areas of study, and refined my ability to learn and think critically. The Abbey also provided me with a strong, supportive community. I made some of my best friends and met some incredible professors and mentors during my time there. These are relationships I have kept after leaving the Abbey - I still call my professors today and ask their advice on career goals! I would not be where I am today without the wonderful people I met at Belmont Abbey.”



For more student interviews on their  
experience at Belmont Abbey College  
visit our YouTube channel at  
[youtube.com/c/belmontabbeycollege](https://youtube.com/c/belmontabbeycollege)

“My experience with the Abbey has been incredibly valuable in preparing me mentally, socially, and spiritually to take on the professional world. The faculty and staff not only helped me achieve my goals academically but motivated me to pursue an outstanding job; thanks to the many connections formed there and the nationwide network of Abbey alums who were just a phone call away.”

**NICOLE OSMERA 2018**  
Audit Associate, KPMG



# PLATO AND ROME



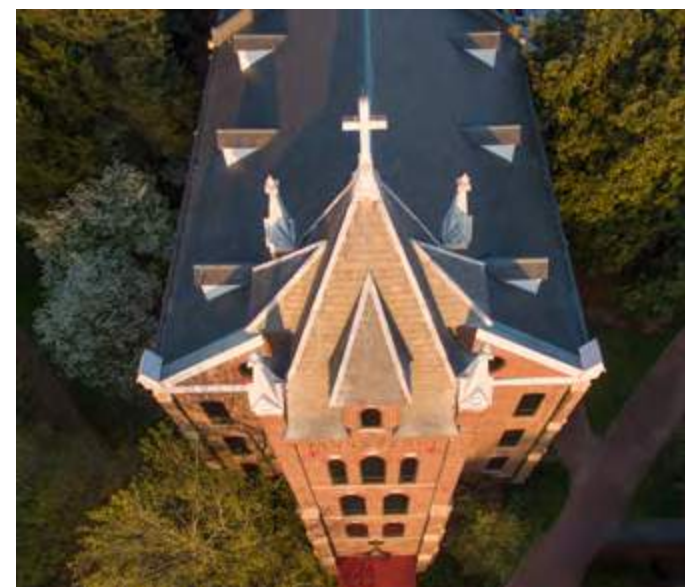


Our Honors College is your opportunity to read the great authors of Western thought and to discuss life's fundamental questions with other students, faculty, and college administrators. Along the way, you'll enjoy cultural opportunities, from Beethoven to bluegrass, as well as special events including an academic retreat in places like beautiful and historic Charleston, SC, and trips to destinations such as Rome, Paris, Dublin, Madrid, and Oxford.

### **PROGRAMS AND SCHOLARSHIPS**

At Belmont Abbey College, we offer many scholarship opportunities for our students:

- Our Honors College students join a cohort of like-minded friends, and receive the most valuable scholarship the college offers.
- The Felix Hintemeyer Catholic Leadership Program forms leaders in the Catholic tradition of servant leadership.
- The Saint Thomas More Scholarship includes opportunities for a values-oriented scholarship for those interested in the vital moral and political issue of our age.





# A MODEL OF LEARNING AND AUTHENTIC EXPERIENCE

Whatever your interest—whether it's motorsports or theology, classical languages or pre-med—Belmont Abbey has the program you're looking for to pursue your goals. Integrating small classroom environments, research opportunities, networking with industry leaders, and internships all over the country you'll get the kind of firsthand learning and authentic experiences it takes to turn your education into a career.

## MAJORS

Accounting  
Biology  
Business Management  
Criminal Justice & Sociology  
Economics  
Educational Studies  
Elementary Education  
English  
Finance  
Government & Political Philosophy  
Great Books  
History  
Interdisciplinary Studies  
Marketing  
Mathematics  
Parish & Pastoral Ministries  
Philosophy  
Politics, Philosophy & Economics  
Psychology  
Sport Management  
Sport Management-Motorsports  
Theology  
Theology & Philosophy

A close-up portrait of Elisa Torres, a young woman with long, dark, wavy hair, smiling warmly at the camera. She is wearing a light-colored, vertically striped top. The background is a blurred, warm-toned wall.

**ELISA TORRES 2017**

Thomas More Scholar, Theology

Doctorate Candidate  
University of Dallas

“You can expect a rich, formative education that would prepare you to pursue those desires you don’t even know you have. The education at BAC gets so far down into the soul, that you discover who you are. There’s something very important about the education here—pursuing those most human things in us, cultivating our intellectual capacities— that we end up finding and discovering ourselves, in a way that is very unique to the college experience..”



**PATRICK MCHENRY | 1999**

**History**

US Representative for North Carolina's  
10th Congressional District

“Had I not experienced the Abbey, I don’t think I would be in Congress today. I don’t think I would be as happy personally and have a fulfilled spiritual life and fulfilled personal life as I do without my Abbey education and training. It’s those monks that are on campus and those professors that gave me just a little bit more than I could have experienced at any other institution.”



LITERARY  
MAGAZINES  
AND LUAAUS

With more than 40 student groups and organizations, Belmont Abbey offers you lots of ways to get involved, take the lead, make a difference, and have fun. Our student-run Campus Activities Board brings in comedians, musical acts, and coffeehouse performances. It also helps organize major campus events like our FDOC (First Day of Class) Bash, Homecoming Block Party, the President's Ball, and our annual Crawfish Boil on the Quad.



### **LIVING ON CAMPUS, LIVING WELL**

While at Belmont Abbey College you'll live comfortably in our spacious residence halls. In the Fall of 2020 our latest new residence hall opens for upperclassmen. The design of the new halls emphasize community - bringing together friends, academics, and fun. Stay fit in our newly equipped Student Fitness Center. Study or just hang out with friends at the Holy Grounds Coffee Shop. Our Wellness Center offers programs in transitioning to college life, relaxation skills, stress management, assertiveness training, herbal supplements, and weight-management issues—many at no charge.





**PARTS  
TO SING  
AND PARTS  
TO PLAY**



Do you have a flare for the dramatic? Then you're definitely going to want to join The Abbey Players – our theater club founded in 1883. Together with fellow students, faculty, staff, and even monks, you'll appear in our six annual main-stage shows. Our shows range from dramas to comedies, from musicals to Shakespeare. Maybe acting isn't your thing. No problem. We're always looking for help building sets, running the lighting and sound boards, and overseeing show production. It's a great way to put your technical abilities to the test.



### **HEARD, NOT SCENE**

Belmont Abbey is also home to a vibrant arts community. Arts at the Abbey, our free cultural series, brings a wide variety of artists to campus. The Abbey Chorus, our choral ensemble, performs both sacred and secular works.

### **A MINOR LEADING TO MAJOR ROLES**

Study performance or technical aspects of theatre with our minor in Theatre Arts. Whichever direction you choose, in your senior year you'll help create a full production as part of your practicum experience. Our student performers and technicians have consistently been accepted into competitive M.F.A. and theatre programs.

**LAUREN CLIFFORD 2018**

Analyst, Department of Justice

“Attending Belmont Abbey College helped me grow professionally and personally. I developed professional skills from the interaction with professors, formed life long friendships on campus, and grew personally through hardships. I am so proud to be an alumnus of Belmont Abbey College. Go, Crusaders!”





**ALEXA ABALOS 2019**

Audit Associate, Wells Fargo

“I really benefited from my experience at Belmont Abbey College as it presented a lot of opportunities for development. My campus involvement outside my studies taught me how important accountability is, and it’s translated to my work life very well.”

### **SMALL-TOWN CHARM**

Just a short walk from campus is friendly, quaint, and safe downtown Belmont, with its restaurants and shops. Belmont is the kind of small town that will close down its Main Street to host free weekend concerts during the summer months.





## **FORTUNE 500 OPPORTUNITIES**

Ten minutes away is Charlotte, home to Fortune 500 companies, world-class museums, shopping, and all kinds of nightlife and entertainment. Like sports? Here you can catch NASCAR, the Panthers, the Hornets, the Knights, and the Checkers. Charlotte is even home to the U.S. National Whitewater Olympic Training Center.

Reverence for the sacred.  
Respect for the dignity of each person. Service of others as an expression of our love for God. These Benedictine values are at the core of Belmont Abbey College. We seek to instill these values in each student. These values are best summed up in the Benedictine motto “Ora et Labora” – “prayer and work.”

### **PRAYER**

We have many opportunities for prayer on campus. You may choose to join the monks in their daily routine of prayer. Or maybe pay a visit to the St. Joseph Adoration Chapel. Many of our students also enjoy forming informal student prayer groups, or join in praise and worship every Wednesday evening.

### **WORK**

What work means is living out your calling at the present moment. As a student your primary work will be in the classroom. However, that work spills out into your internships, your research, and how you live within the community.

### **BENEDICTINE TRADITION**

As a Benedictine institution, we welcome students of all faiths and strive to instill in them a habit of worship that cultivates their personal spirituality.

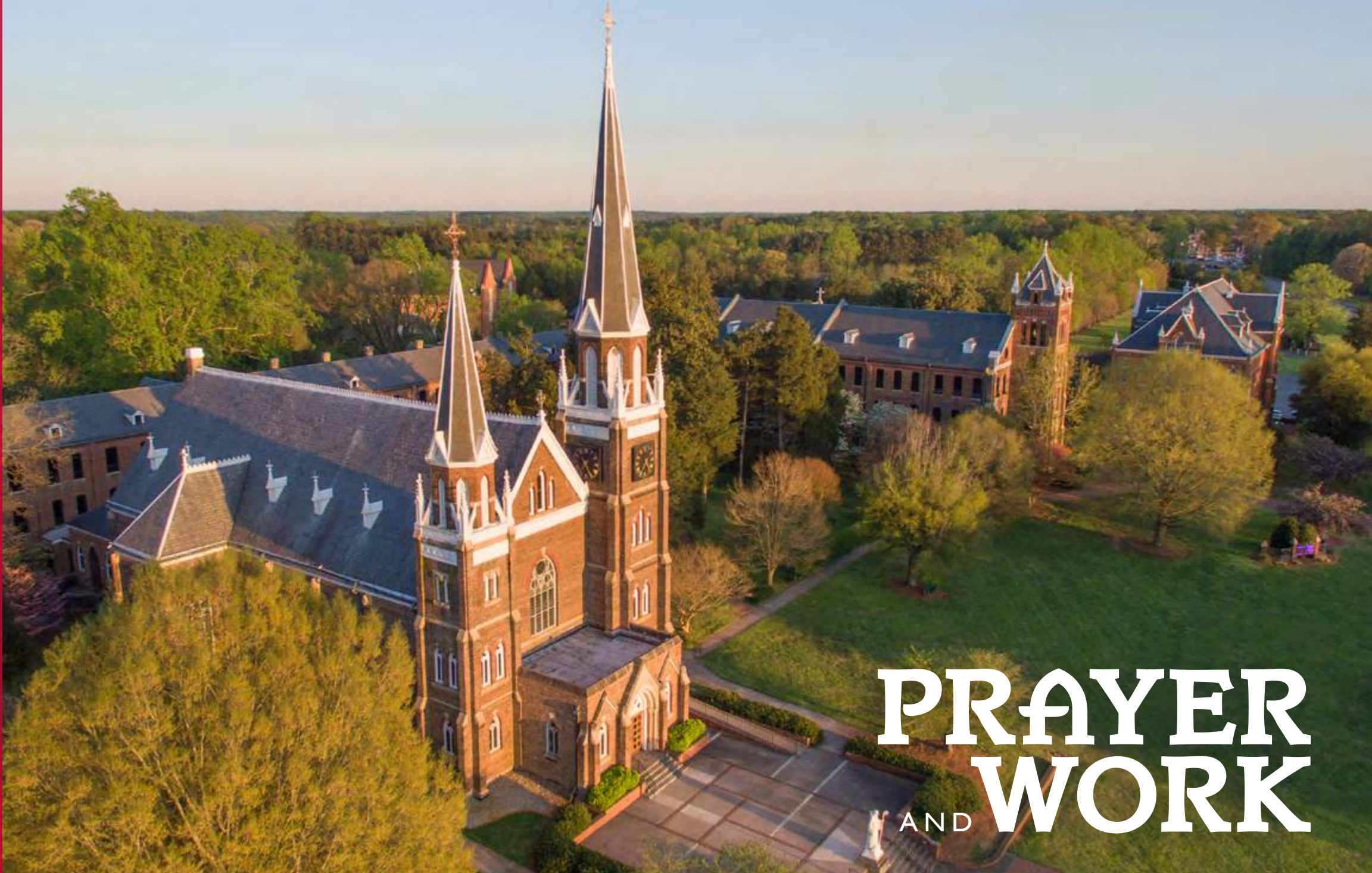
### **SPIRITUAL GROWTH IN COMMUNITY**

We encourage students to use their unique talents to serve the campus and local community and to live an integrated Christian life. Opportunities for spiritual growth include daily Mass, community worship services, Rosary in the Quad, and day retreats with the Abbot. The Fellowship of Catholic University Students also runs 20+ Bible studies. Our household system enables students to form small Christ-centered groups that create deep faith-based relationships.

### **THE HEART OF OUR SPIRIT**

At the heart of spiritual life on campus is our historic Abbey Basilica of Mary, Help of Christians, which celebrates Mass three times each weekend. Mass with the monks takes place every weekday, and you can join them for daily prayers and evening Vespers. Mass is also held every Tuesday morning in the St. Joseph Adoration Chapel.





# PRAYER AND WORK

**ELENA DURAN 2021**

**Business**

“My time at Belmont Abbey has provided me with a rich and cultivating educational experience. As a business major, I’ve gotten to encounter some of the best professors the school has to offer. With their close guidance, I feel as though I’m prepared to step forth into a successful life.”





**JORDAN HAWTHORNE 2021**

**History**

“My time at the Abbey so far has been one for the books. The relationships with my coaches, with staff and with my fellow students are some I will always appreciate and never forget. You aren’t just a number here, you’re important and that has to be the best part.”



# DIVISION 2 AND ULTIMATE FRISBEE



With 38 sports teams—31 varsity and 7 developmental—competing in NCAA Division II as part of the Conference Carolinas, Belmont Abbey College is always competitive in regional and national titles. If you're looking to keep playing a sport, this is the opportunity to raise your game and integrate athletics with the rest of your college experience. We don't expect you to choose between being a student and being an athlete. This means you'll work together with your coaches and professors to ensure you have all you need to be successful—on the field and off.

### **MORE FRIENDLY COMPETITION**

Our hugely popular intramural program includes regular seasonal sports such as sand volleyball, flag football, and soccer. But we also offer a variety of single-day tournaments like Ultimate Frisbee, KanJam, cornhole, dodgeball, and spikeball.

### **SPORTS & VIRTUE**

Athletics at Belmont Abbey is about more than competition. We see it as a way to develop virtue, honesty, and integrity in our athletes. And this isn't just talk. We've won the Messick Award – the highest sportsmanship honor in our conference – four times! Since 2010, our conference has recognized 37 different Abbey teams for their high levels of sportsmanship.

### **FREE WEIGHT & WHITEWATER**

Is fitness your thing? Do you want to prepare both physically and intellectually for your future? Then you're going to love our newly renovated gym. We have up-to-date cardio equipment, weight machines, free weights, and ample space for aerobics and stretching. Or maybe you'd rather get off campus to work out. No problem. We give our students a free membership to Planet Fitness!

If you're more the outdoorsy type, Crowders Mountain and the Carolina Thread Trail give you great opportunities to hike, bike, and swim. And if you want to try your hand at whitewater rafting, then you're definitely going to have to check out the U.S. National Whitewater Center!



### **MEN SPORTS**

Baseball  
Basketball  
Bowling  
Cross Country  
Cycling  
Dance  
Esports  
Golf  
Lacrosse  
Soccer  
Tennis  
Track & Field  
Triathlon  
Volleyball  
Wrestling

### **WOMEN SPORTS**

Acrobatics & Tumbling  
Basketball  
Bowling  
Competitive Cheerleading  
Cross Country  
Cycling  
Dance  
Esports  
Field Hockey  
Golf  
Lacrosse  
Soccer  
Softball  
Tennis  
Track & Field  
Triathlon  
Volleyball



Helping you turn your education into a career is what our Office of Career Services and Internships is all about. Overseen by a former corporate trainer, the Office provides personal career coaching and complete career-development services—everything from interest assessments to writing a resume to negotiating your salary. We're also your go-to source for internships, full-time jobs, and part-time jobs in the Charlotte area.

### **ALREADY CONSIDERING GRADUATE OR PROFESSIONAL SCHOOL?**

We can help with that too! And we've got the track record to prove it. Our graduates have been accepted to some of the nation's top graduate schools and medical schools, including:

- The University of Chicago
- The University of Notre Dame
- Georgetown School of Foreign Service
- The University of Michigan Law School
- William and Mary Law School
- Bowman Gray School of Medicine
- Baylor University
- The University of Dallas
- Loyola University of Chicago

### **WE BRING EMPLOYERS TO YOU**

Meet potential employers, network with professionals in your field, talk to graduate-school recruiters, and learn about available internships through our annual Career Expo and from the companies we regularly host for on-campus recruiting and interviewing.

**We have over a 90% placement rate for graduates applying to medical, dental, and other professional schools.**



# STARTING POINT AND GO-TO RESOURCE

“The science department at BAC provided me with the fundamental information and skills I required to begin my career as a Marine Biologist. The small class sizes combined with the enthusiasm and support of the teaching staff made it a very enjoyable and supportive learning experience.”

**DR. EMMA CAMP 2009**  
**Biology/Environmental Science; minor Chemistry**

*DECRA & UTS Chancellor's Research Fellow*

*United Nations Young Leader SDGs*

Marine Biologist  
University of Technology,  
Sydney





**MARVELLOUS OKONNE 2022**

**Sports Management**

“I recommend Belmont Abbey College as a place to call your second home because you find peace and love from everyone. Professors are here to build a strong relationship with you in helping you succeed in class and in spiritual growth. Education is the most powerful weapon which you can use to inspire others. You will develop a passion for learning here at Belmont Abbey College.”

In 2015, we launched the Four-Year Tuition Guarantee — a program that freezes tuition for students for the next four years. The plan is open to new and current students, transfers, and non-traditional students. The purpose of the guarantee is to help students and families budget for their future educational investment, and help students focus on their studies without worrying about tuition increases.







### **A 33% REDUCTION**

While the average tuition at colleges and universities has risen 440% in the past 25 years, we reduced ours by 33% in one year alone. We did that in 2013 and it hasn't risen since.

In addition to lowering our price, we provide many scholarships. These include:

- The Honors College
- Felix Hintemeyer Catholic Leadership Program
- St. Thomas More Scholarship Program
- Trustee Merit Scholarship (for commuters)
- Athletic Scholarships
- Need-based Aid

**More than 85% of Belmont Abbey students receive financial aid; 90% receive a merit-based scholarship.**



Belmont Abbey College finds its center in Jesus Christ and believes in the development of the whole person—mind, body, and spirit.

### COME VISIT!

We offer campus tours Monday through Friday and some Saturdays. To schedule your tour go to [www.bac.edu/visit](http://www.bac.edu/visit).

### ABBEY EXPERIENCE OPEN HOUSE

Throughout the year, we host “Abbey Experience” sessions, special open house events that enable you to visit with other prospective students. These half-day events give you the opportunity to tour campus, talk with current students and faculty, learn about financial aid, meet with admissions counselors, and hear presentations by the president, the academic dean, and the abbot.

### ‘SUNDAY LUNCHEON’ AT THE ABBEY

Join us for brunch, presentations by the president and our admissions team, and a campus tour. If you choose, you can attend morning Mass.

### CAMPUS

Listed on that National Register of Historic Places, our campus has a rich past and an exciting future. With picturesque grounds and buildings, it is listed on the National Register of Historic Places.

### ENROLLMENT

- Traditional Students: 1,235
- 49% Female, 51% male of total enrolled population.
- 48% North Carolina Residents, 49% out-of-state residents, 3% international students, 13 countries, 43 states

### FACULTY

- 75 full-time
- 71% of full-time faculty hold doctorates and/or terminal degrees
- Student-Teacher Ratio: 16:1

### 2018-2019 TUITION EXPENSES

- Tuition & Fees: \$18,500
- Four-Year Tuition Guarantee honored
- Freshman Room & Board: \$5,828
- Unlimited Meal Plan: \$4,466

### ACCREDITATION

Southern Association of Colleges and Schools Commission on Colleges, N.C. Department of Public Instruction

### ADMISSIONS PROCESS

- Rolling Admissions
- Deposit deadline of May 1.

### FINANCIAL AID

More than 85% of Belmont Abbey College full-time students receive some form of financial aid. We offer merit scholarships based on academic history. Athletic grants are also available. Need-based aid is available.

### RECOGNITION

- The Cardinal Newman Society calls Belmont Abbey one of the top Catholic colleges in America for faithfulness and affordability.
- First Things magazine named us America’s #1 “School on the Rise, Filled With Excitement.”
- We have received a “Top-Tier Ranking” by U.S. News and World Report.
- We were named “A Best Southeastern College” by The Princeton Review.
- Recognized by Colleges of Distinction.

### HEALTHCARE DEVELOPMENTS

CaroMont, a leading healthcare provider in our county, has announced plans to build a hospital on Abbey Monastery land adjoining our campus. This development supports the College’s continuing exploration of health-related programs. The College is in the process of developing new academic program proposals that once submitted and approved, will then permit the College to formally announce the initiation of those programs. In the meantime, we are pleased to place your name on our nursing/health-related interest list so that you will receive further information as it becomes available.

## MAJORS

- Accounting
- Biology
- Business
- Criminal Justice
- Economics
- Educational Studies
- Elementary Education
- English
- Finance
- Government & Political Philosophy
- Great Books
- History
- Interdisciplinary Studies
- Marketing
- Mathematics
- Parish & Pastoral Ministries
- Philosophy
- Politics, Philosophy, & Economics
- Psychology
- Sport Management
- Sport Management-Motorsports
- Theology & Philosophy
- Theology

## MINORS

*(minor programs with no associated major are in italic)*

- Accounting
- Biology
- Business:
  - Business Management
  - Entrepreneurship
  - Healthcare Management
  - International Business
  - Marketing
- Chemistry
- Classical Languages
- Computer Studies:
  - Computer Science
- Information Systems
- Economics
- Education
- English
- Finance
- Government & Political Philosophy
- History
  - Digital Humanities
- *Interdisciplinary Minor*
- *International Studies*

- *Justice & Peace*
- Mathematics:
  - Actuarial Science
  - Mathematics
  - Physics-Mathematics
- *Medieval Studies*
- *Modern Languages*
- Motorsport Management
- *Philosophy*
- Psychology
  - Human Services
- Sport Management
  - Digital Sport Media
- *Theatre Arts*
- Theology

## PRE-PROFESSIONAL PROGRAMS

- Pre-Dental
- Pre-Law
- Pre-Med
- Pre-Nursing
- Pre-Physical Therapy
- Pre-Veterinary

## CLUBS & ORGANIZATIONS

- Abbey Cheerleaders
- Abbey Volunteers
- Agora (literary magazine and club)
- Art Club
- Ballroom Dancing Club
- Belmont Abbey Improv Troupe
- Bowling Club of Belmont Abbey College
- Brothers of Christ, Sons of Mary Household
- Campus Activities Board (CAB)
- Chess Club
- Chi Alpha Sigma Honor Society
- College Republicans
- Crusaders for Life

- Debate Club and ISI Discussion Club
- Faithful Daughters Household
- Greek Council
- Green Team
- International Club
- Math Club
- Military Leadership Organization
- Motorsports Club
- Outdoor Adventure Club
- Psychology Club
- Society of Catholic Tradition
- Student Government Association (SGA)
- Student Athletic Advisory Committee (SAAC)
- The Abbey Players (theatre company)
- The Crusader (student newspaper)
- XCEL Women's Fitness Club

## UNIQUE SCHOLARSHIP PROGRAMS

- The Honors College
  - Hintemeyer Catholic Leadership
  - St. Thomas More Scholars
- These programs require an additional application.*



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COLLEGE

THE CATHOLIC COLLEGE OF THE SOUTH